**Open 50 mile TT – L5012**

**Promoted for and on behalf of Cycling Time Trials under their rules and regulations**

**Sunday 4th August First rider off: 09:03hrs**

**Event organiser:** Kenneth Brown **Timekeeper:** Mrs Tracey Moore

33 Chaucer Road, Workington, Cumbria, CA14 4HQ **Assistant:** Mr Tim Houghton

Tel 07921334158 email [kennethbrown81@sky.com](mailto:kennethbrown81@sky.com)

**Event HQ-** Braithwaite institute, Braithwaite, Keswick, Cumbria CA12 5RY

Parking is available at the HQ. The start is approx 0.3miles from the HQ. Leave the HQ turning left on the A66. Sign on available from around 8:15

**Course details**

Start at the eastern side of the junction of the old road with the northern side of the A66, 0.36 miles east of Braithwaite Village Hall. Proceed in an easterly direction along A66 to encircle the RAB at the junction of A591/A66 Keswick/Bothel road (1.95 miles). Retrace along A66 in a westerly direction to encircle the RAB at the junction with the A5086 near Cockermouth (14.80 miles). Proceed in an easterly direction through the start point to the RAB near Keswick (27.65 miles) and retrace to the Cockermouth RAB (40.50 miles). Encircle RAB and retrace the A66 towards the start point. Finish is end of lay-by prior to the overpass about (50miles) 1.4 miles before the start point.  
 <https://ridewithgps.com/routes/28210998>

**The following Local Regulations have been approved by the national Committee in accordance with** **Regulation 38. Any breaches may lead to disciplinary action being taken.**

**Local regulation No. 5:** In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

**Local regulation No. 6:** Any competitor making a ‘U’ turn in the vicinity of the start or finish will be disqualified from the event.

**Local regulation No. 9:** No Parking on the A66 except in a designated Lay-By

**Local regulation No. 15:** Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

**IN ADDITION TO THE ABOVE** Riders must give their number at the finish and elsewhere on the course if requested. Riders must NOT stand in the road at the start or finish. (This constitutes obstruction, and is a breach of regulations). Riders must NOT ride with their heads down.

Helmets: All competitors under the age of 18 and / or juniors must wear a HELMET OF HARD / SOFT SHELL construction that conforms to a recognised standard (see Regulation 15). Cycling Time Trials strongly recommends ALL competitors to wear such a helmet.

Competitors Machine – Lights: CTT recommends that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

**AWARDS-** one rider one prize except team (highest value awarded). Awarded after race

|  |  |  |  |
| --- | --- | --- | --- |
|  | 1st | 2nd | 3rd |
| Overall | £30 | £20 |  |
| Vet 40+ | £25 | £15 | £10 |
| Vet 50+ | £25 | £15 |  |
| Vet 60+ | £25 | £15 |  |
| Vet 70+ | £25 | £15 |  |
| Ladies | £25 | £15 |  |
| Team of 3 | £30 |  |  |

Have a Fast and Safe Ride

Thanks

Ken

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| --- | --- | --- | --- | --- |
| **bib** | **Start time** | **First name** | **Last name** | **club** |
| 3 | 09:03 | William | Armstrong | Velo Club Cumbria |
| 4 | 09:04 | Neil | Pendrich | SVTTA |
| 5 | 09:05 | Julie | Horbury | Clitheroe Bike Club |
| 6 | 09:06 | David | Hargreaves | North Lancashire Road Club |
| 7 | 09:07 | Wendy | Drake | Racepace |
| 8 | 09:08 | Alan | Shuttleworth | Weaver Valley CC |
| 9 | 09:09 | Harry | Cowley | Chester RC |
| 10 | 09:10 | David | Gleave | Velo Club Cumbria |
| 11 | 09:11 | Lindsay | Foster | Ayrodynamic triathlon Club |
| 12 | 09:12 | Paul | Drake | Clitheroe Bike Club |
| 13 | 09:13 | Jonny | Hill | Barrow Central Wheelers |
| 14 | 09:14 | Clifford | Degraff | Velo Club Cumbria |
| 15 | 09:15 | Sean | Owens | Croston Velo |
| 16 | 09:16 | John | Gemmell | Ayr Roads CC |
| 17 | 09:17 | Stephen | Spellacy | Dumfries CC |
| 18 | 09:18 | Christina | Wiejak | Team Jadan-Weldtite p/b Vive Le Velo |
| 19 | 09:19 | Vincent | Pickering | St Christopher's CC |
| 20 | 09:20 | Emil | Petrov | Border City Whs CC |
| 21 | 09:21 | Neil | Laing | Southport CC |
| 22 | 09:22 | Scott | Taylor | Springfield Financial Racing Team |
| 23 | 09:23 | Sue | Cheetham | North Lancashire Road Club |
| 24 | 09:24 | Simon | Horsley | Kendal Cycle Club |
| 25 | 09:25 | Matt | Stell | Springfield Financial Racing Team |
| 26 | 09:26 | Kenneth | Addison | Southport CC |
| 27 | 09:27 | Stuart | Timmins | North Lancashire Road Club |
| 28 | 09:28 | Deborah | Moss | Team Merlin |
| 29 | 09:29 | Scott | Harrison | Tuxford Clarion C C |
| 30 | 09:30 | Kieran | Lacey | Barrow Central Wheelers |
| 31 | 09:31 | Martyn | Uttley | Barrow Central Wheelers |
| 32 | 09:32 | Julian | Cook | Velo Club Cumbria |
| 33 | 09:33 | Ian | Elliot | Hawick Cycling Club |
| 34 | 09:34 | Alex | Mcallister | Ayr Roads CC |
| 35 | 09:35 | Paul | Blackburn | Coveryourcar.co.uk RT |
| 36 | 09:36 | Lee | Spoor | Tri Preston |
| 37 | 09:37 | Robert | Hulme | West Pennine Road Club |
| 38 | 09:38 | Karen | Taylor | Team Sportslab |
| 39 | 09:39 | Kevin | Jamieson | Fechan flyers |
| 40 | 09:40 | Brian | Fogarty | Fogartys Insurance Tri Team |
| 41 | 09:41 | Daniel | Kirk | Edinburgh Road Club |
| 42 | 09:42 | Dan | Kendall | Rock to Roll CC |
| 43 | 09:43 | Simon | Clark | GS Metro |
| 44 | 09:44 | Steven | Forrest | Fogartys Insurance Tri Team |
| 45 | 09:45 | Randle | Shenton | Team Swift |
| 46 | 09:46 | Richard | Fogarty | Fogartys Insurance Tri Team |
| 47 | 09:47 | Mike | Westmorland | Border City Whs CC |
| 48 | 09:48 | David | Hill | Velo Club Cumbria |
| 49 | 09:49 | Paul | Davis | Musselburgh RCC |
| 50 | 09:50 | Daniel | Shackleton | ABC Centreville |
| 51 | 09:51 | David | Trotter | Lancaster CC |
| 52 | 09:52 | Paul | Russell | Springfield Financial Racing Team |
| 53 | 09:53 | Kenneth | Brown | Velo Club Cumbria |
| 54 | 09:54 | Mark | Bleasdale | Fogartys Insurance Tri Team |
| 55 | 09:55 | Dan | Taylor | Coveryourcar.co.uk RT - |
| 56 | 09:56 | Aidan | Holgate | North Lancashire Road Club |
| 57 | 09:57 | Paul | Julien | Fogartys Insurance Tri Team |
| 58 | 09:58 | Graham | Jones | Edinburgh Road Club |
| 59 | 09:59 | Lee | Foster | Border City Whs CC |
| 60 | 10:00 | Andrew | Whiteside | Bella in Sella Racing |
| 61 | 10:01 | Sean | Quinn | Law Wheelers |
| 62 | 10:02 | Phil | Shaw | Kent Valley RC |
| 63 | 10:03 | Colin | Hayes | Liverpool Century RC |
| 64 | 10:04 | Kevin | Chadwick | Lakes Road Club |
| 65 | 10:05 | Simon | Deeley | Team HUUB |
| 66 | 10:06 | Gary | Jamieson | Fechan flyers |
| 67 | 10:07 | Bryan | Pool | Border City Whs CC |
| 68 | 10:08 | Simon | Phillips | Stockport Tri Club |
| 69 | 10:09 | Andrew | Kirkman | Border City Whs CC |
| 70 | 10:10 | Paul David | Fleming | Preston Whs |